

Other Titles by Barbara Colman

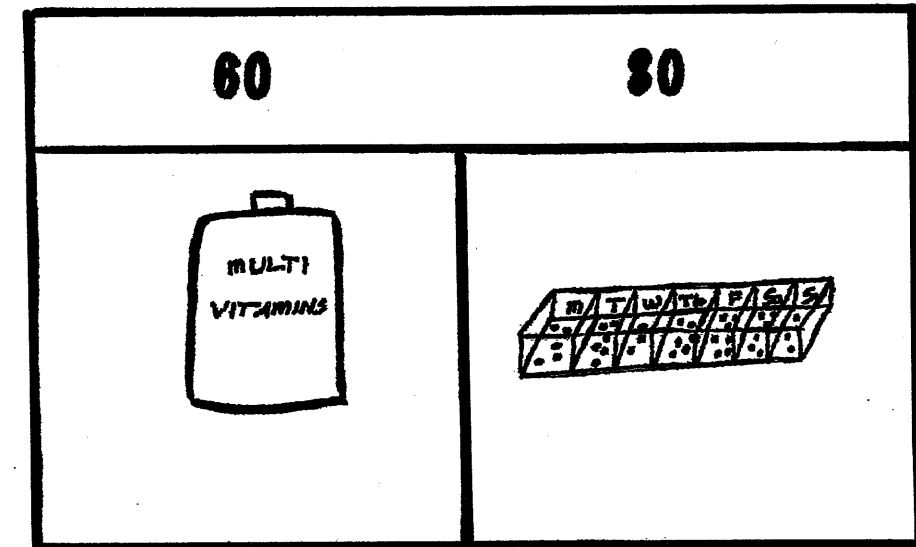
Geriatrics from Gehenna
Houseguests from Hell
Husbands from Hades
Kids from the Cauldron
Neighbors from the Nether Land
Wives from the World of Brimstone

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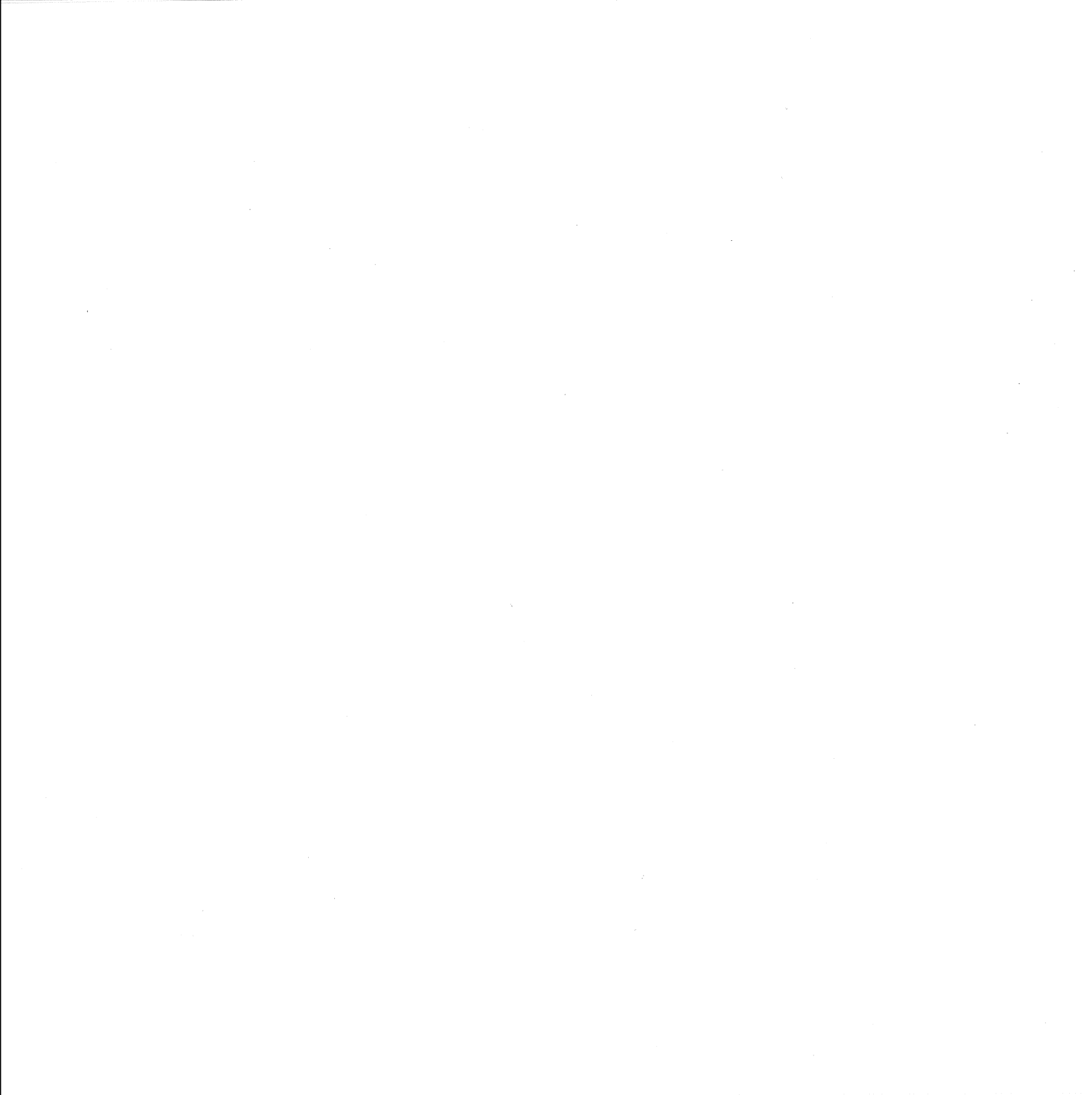
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barbaracolman.com

THE HALCYON DAYS

of 60!



Barbara Colman



THE HALCYON DAYS

of

60!

by

**Barbara Colman
Beekman, NY**

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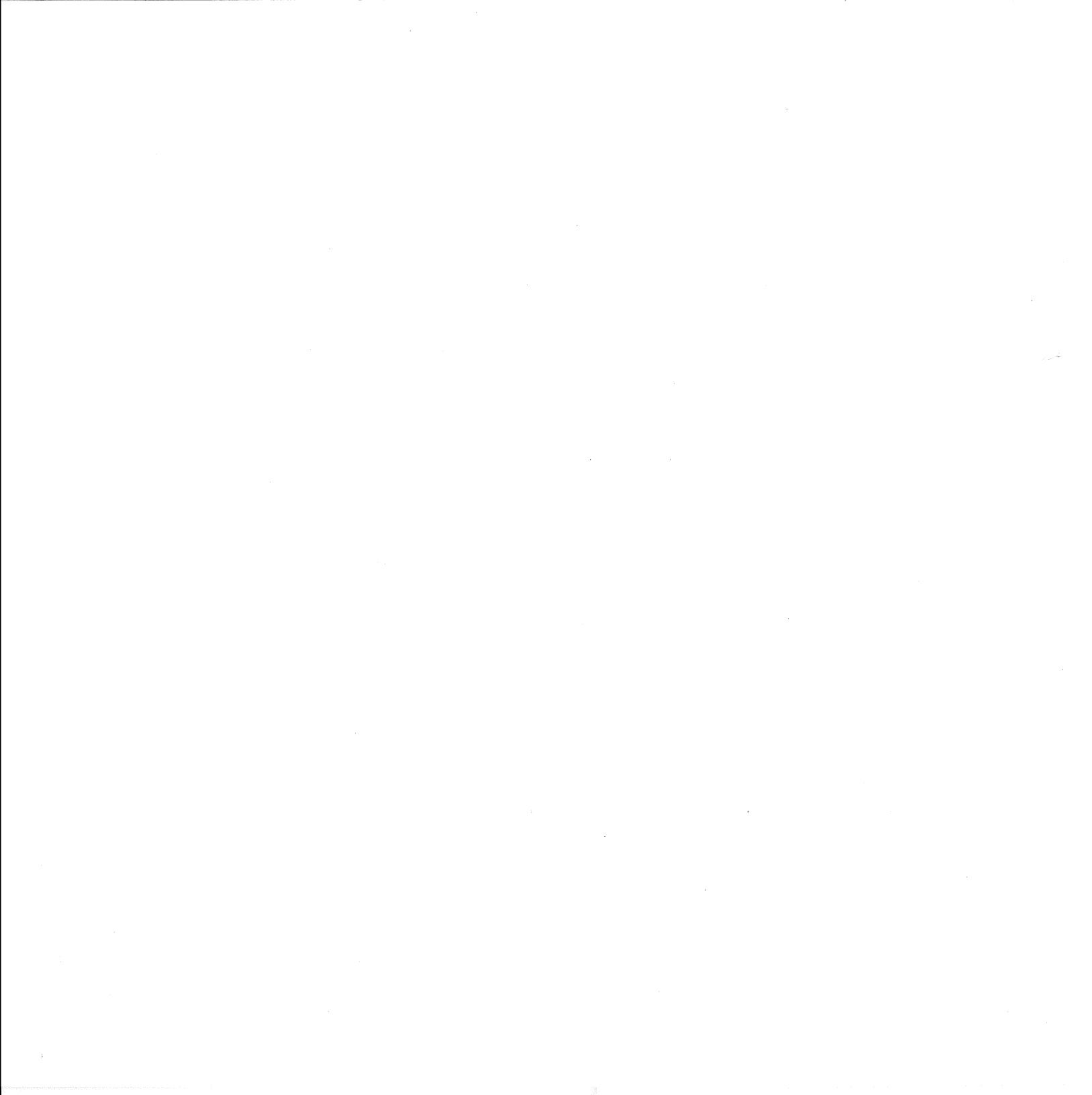
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BarbaraColman@aol.com**

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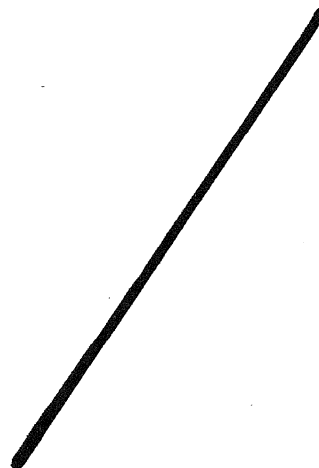
**Dedicated to everyone
who is waiting
with baited breath to see
“What the hell will happen next?!”**



Perception of Daily Exercise Regimen

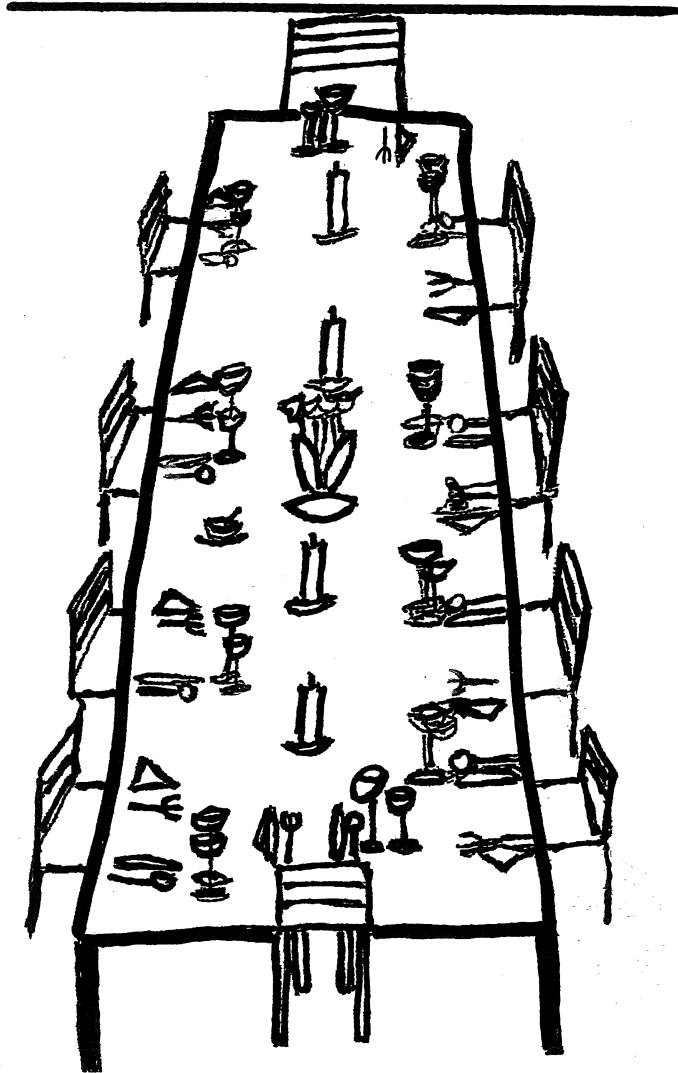
At 60

At 80

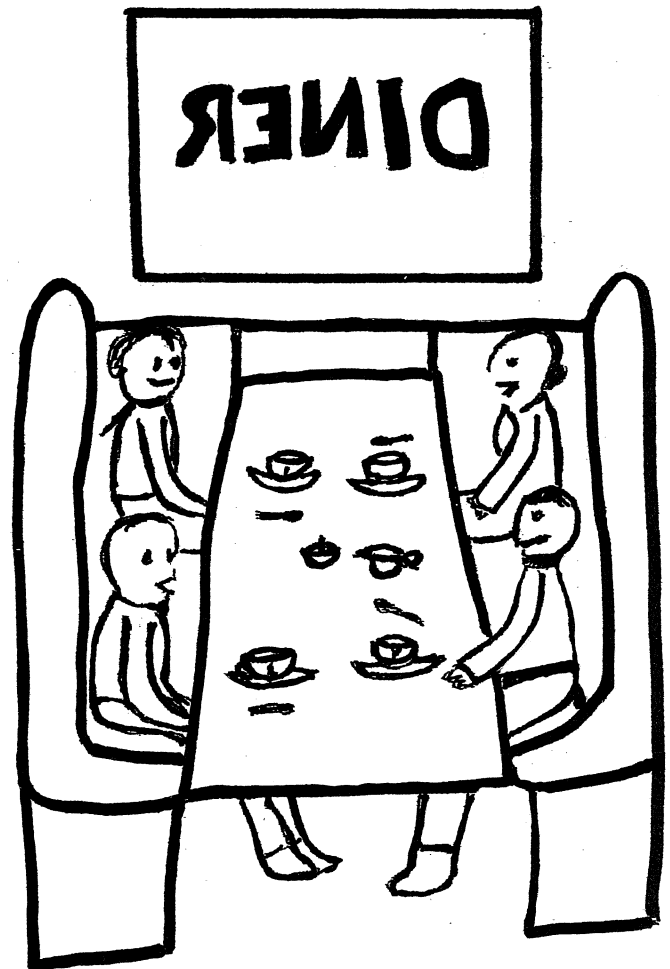


34

60



80

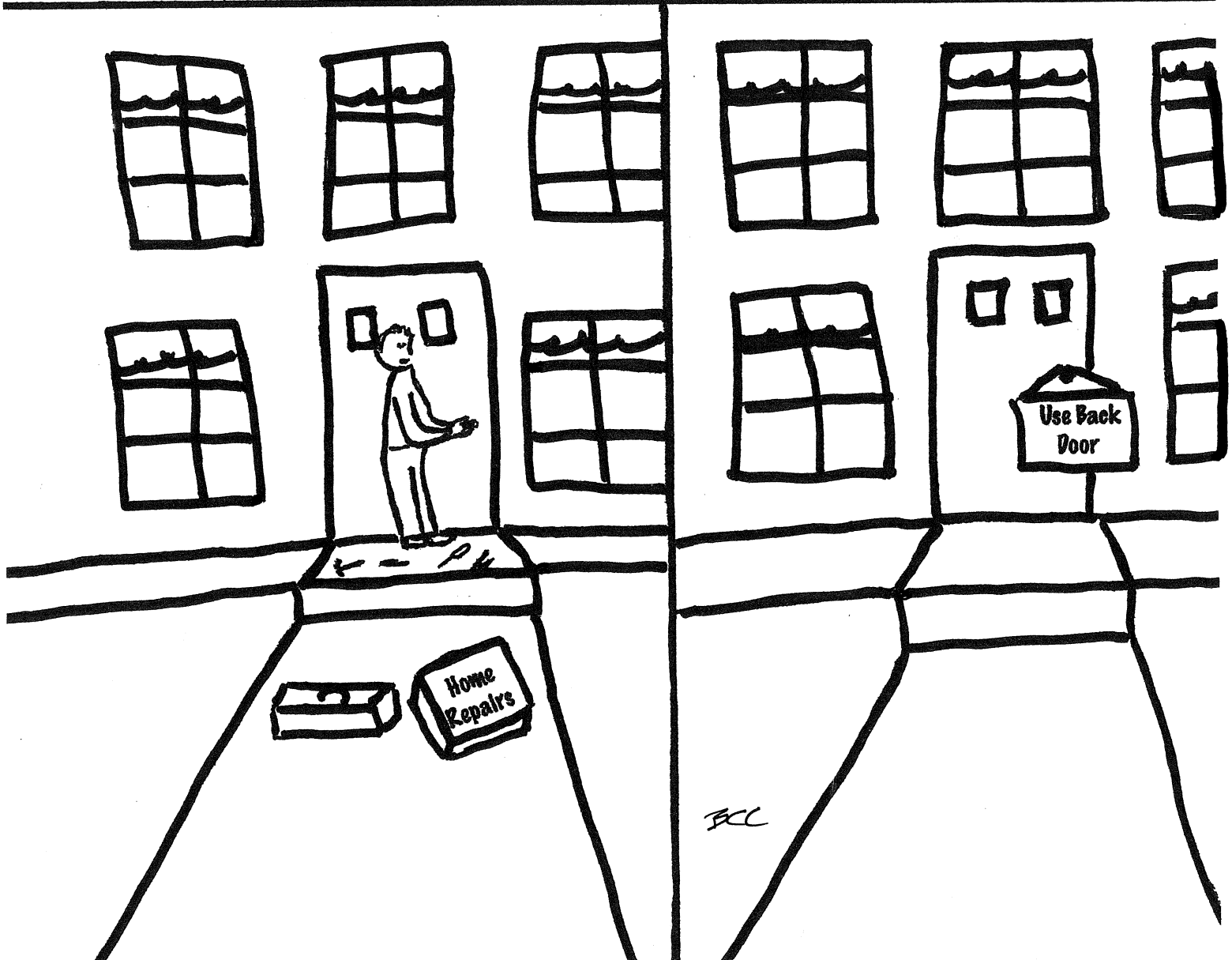


DINER

1955

60

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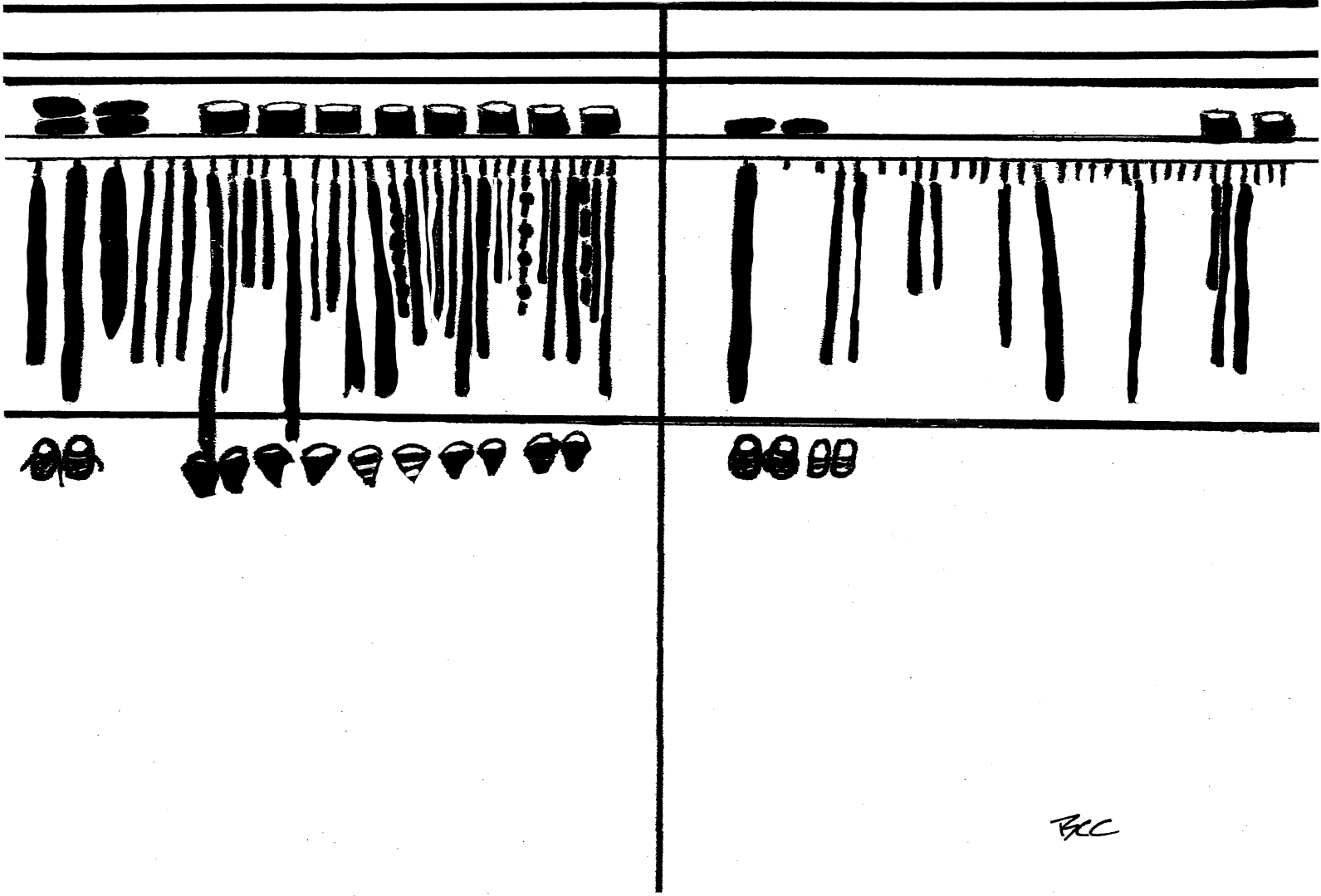


BCC

60

Wardrobe Favorites

80



RC

60

80



"I know there's a reason I'm here."

60

80

Google

Google

off Road Adventures

Retirement Communities

Google Search

I'm Feeling Lucky

Google Search

I'm Feeling Lucky

60

Purse

80

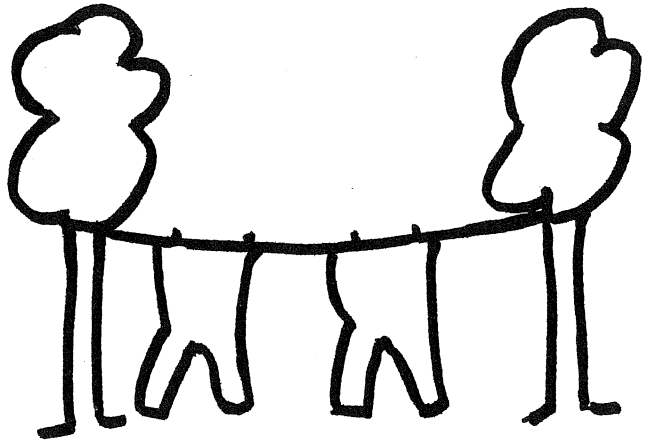
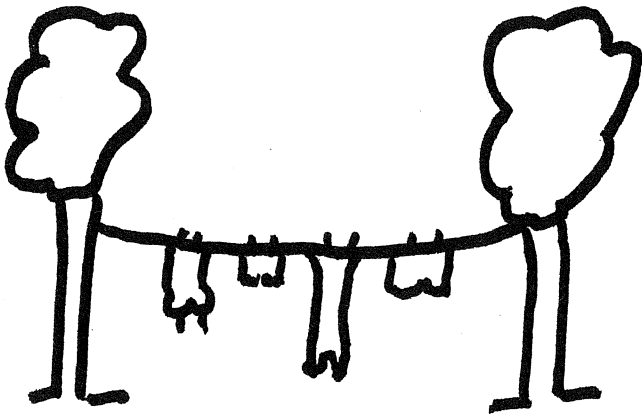
Keys
Driver's License
\$5.00

PK

Keys/Prescription
Driver's License/Comb
\$50.00/Credit Card
Phone/Aspirin
Cough Drops/Glasses
Water/Eye Drops
Lotion/Nail File
Flashlight/GPS
Wallet/Lip Balm
Phone Numbers/Pen
Kleenex/Note Pad
Pen

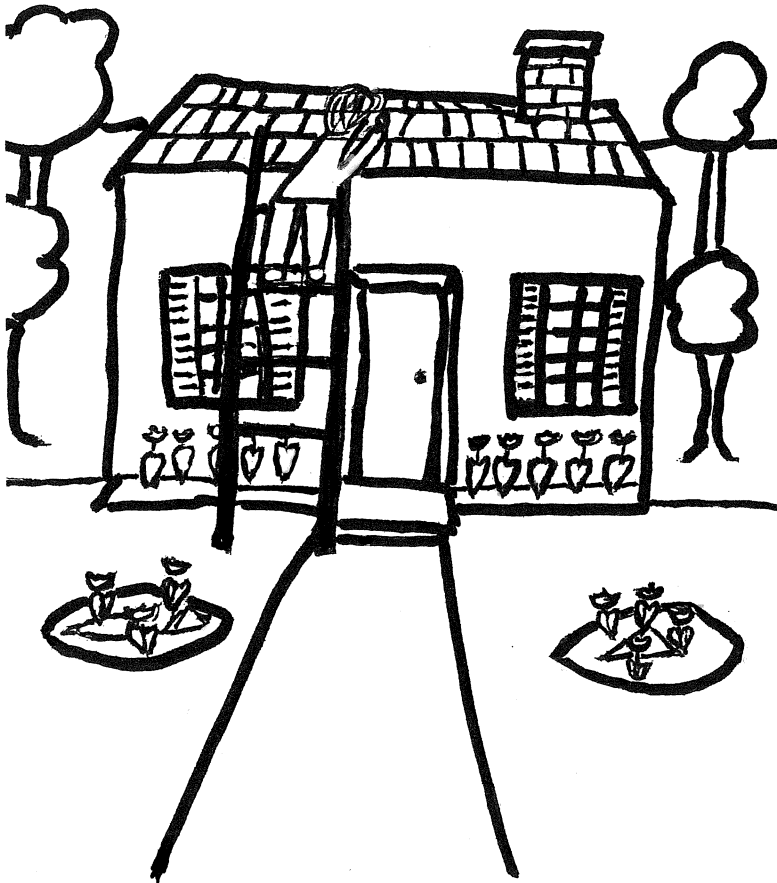
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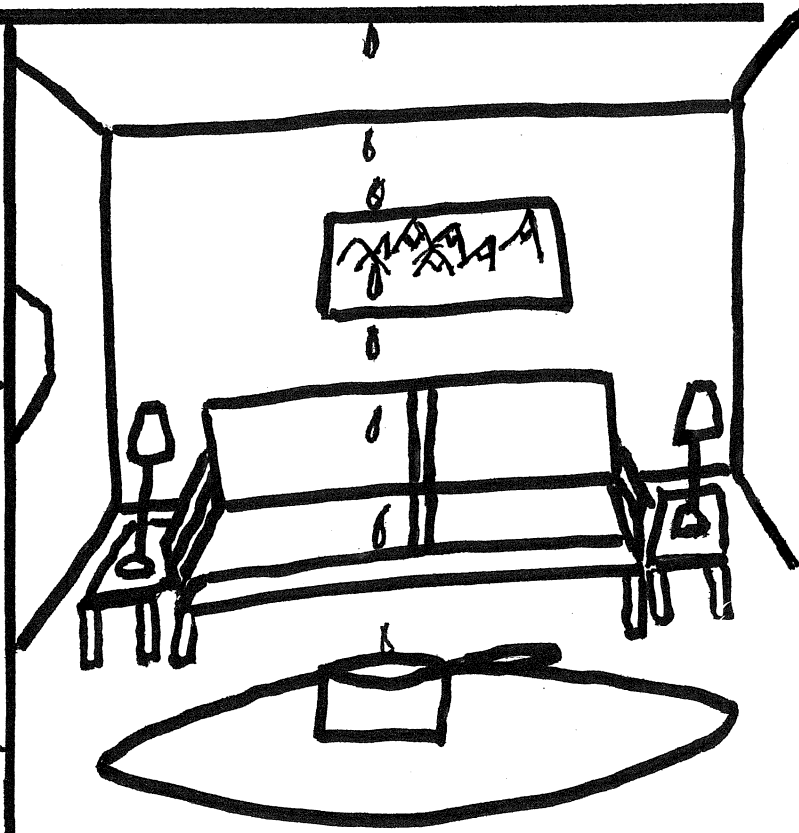


FCC

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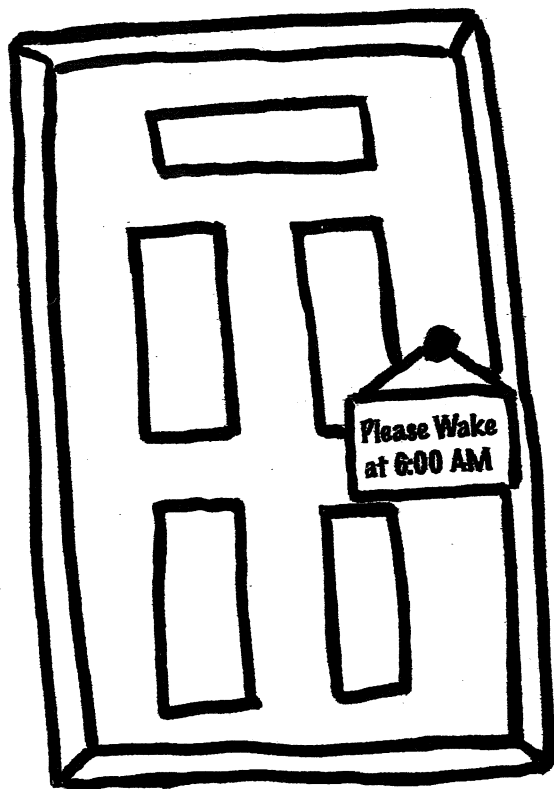


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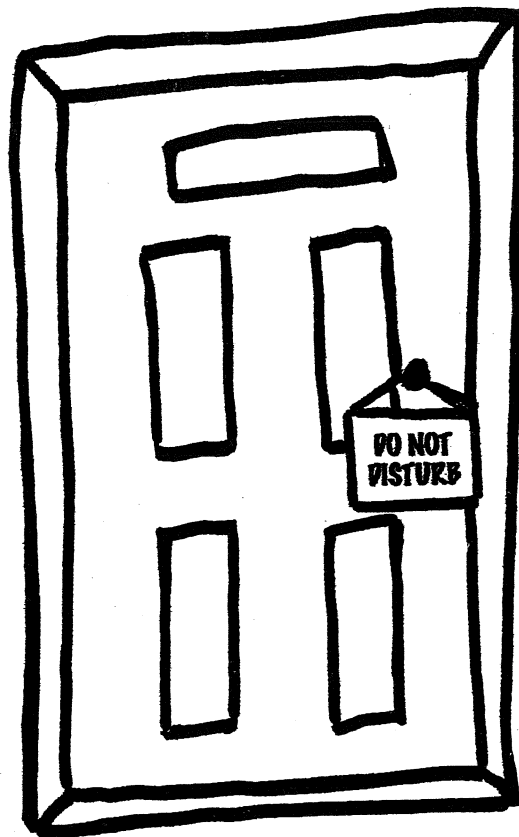


BCC

60



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BCC

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Foreign Affairs

**The Baltic Litmus Test:
Revealing Russia's True Colors
(Sept/Oct '94)**

**Back to the Womb?
Isolationists Renewed Threat
(July/Aug '95)**

**Latin America the Morning After
Euphoric Perceptions, Fragile Realities
(July/Aug '95)**

**Democratization and War
(May/June '95)**

**America's Unyielding Policy
toward Iraq
(Jan/Feb '95)**

(Actual Articles)

80

NEWS IN A NUTSHELL

Ukraine: A Problem

America Weary of War

**Latin America:
Up? Down.**

Arab Spring in Disarray

Iraq: Again

(Not Actual Articles)

BCC

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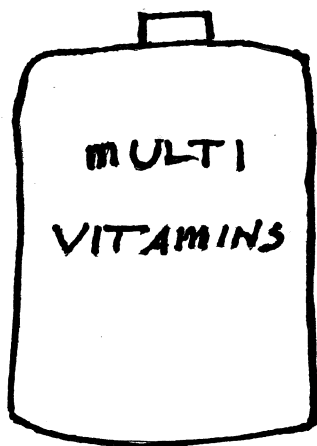
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TURN THAT DOWN !!!

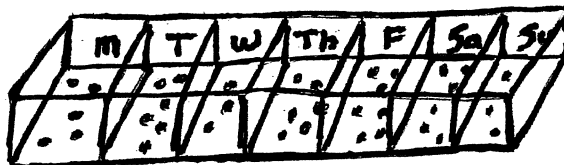
"What?"

FLC

60



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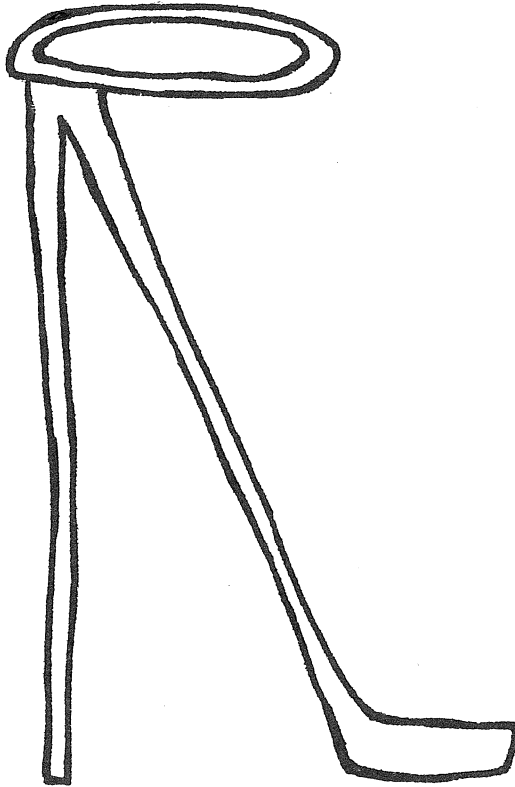


BIC

60

Perception of 6" Heels

80



Bimbo Shoes



Bimbo Shoes

(Some things do not change)

FLC

60**Marketing List****80**

**Broccoli Alfredo
Steak
Pork Chops
Lettuce
Caesar Dressing
Croutons
Apple Pie
Rice Pilaf
Cream
Ice Cream
Chocolate Chip Cookies
Yogurt
Frosted Flakes
Doughnuts
Potato Chips
Multi Vitamins**

**Broccoli
Salmon
Sole
Lettuce
Lite Caesar
Dried Cranberries
Blueberries
Brown Rice
Skim Milk
Oranges
Granola
Fat Free Yogurt
Fiber One
Whole Wheat Bread
Baked Lays
Multi Vitamins
Omega Three
Calcium
1/4 Aspirin
Acidophilus
Pepcid**

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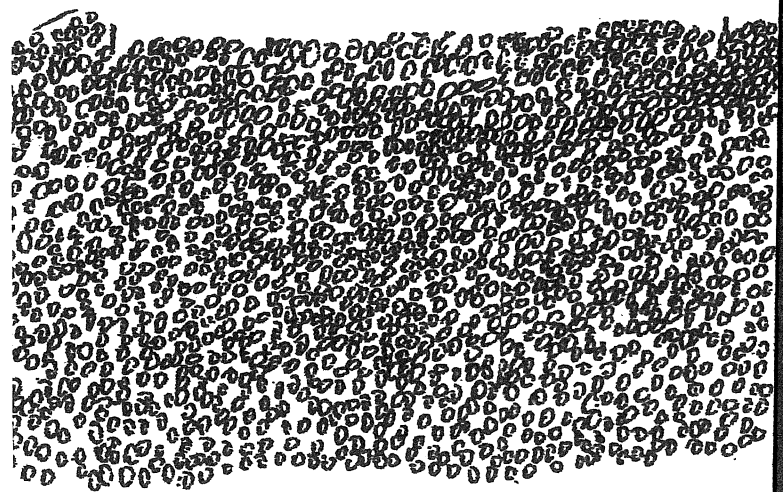
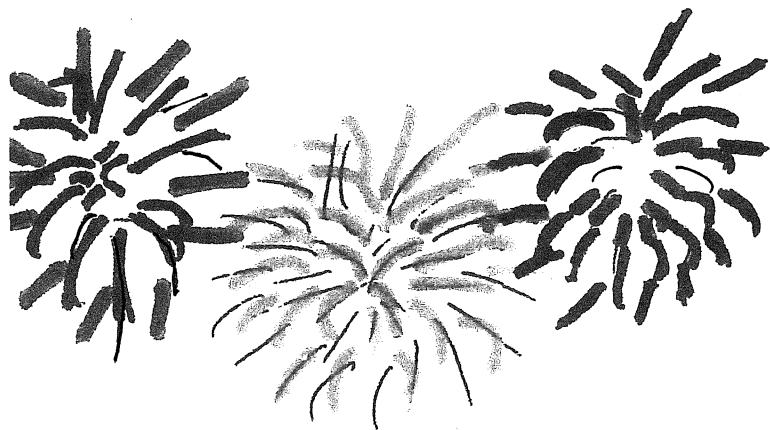
January	
1	hike
2	
3	
4	tennis
5	hike
6	
7	
8	tennis
9	hike
10	
11	tennis
12	hike
13	
14	tennis
15	hike
16	
17	tennis
18	hike
19	
20	
21	tennis
22	hike
23	
24	
25	tennis
26	hike
27	
28	
29	
30	
31	

February	
1	tennis
2	hike
3	
4	
5	tennis
6	hike
7	
8	
9	tennis
10	hike
11	
12	
13	tennis
14	hike
15	
16	
17	tennis
18	hike
19	
20	
21	tennis
22	hike
23	
24	
25	
26	
27	
28	
29	
30	

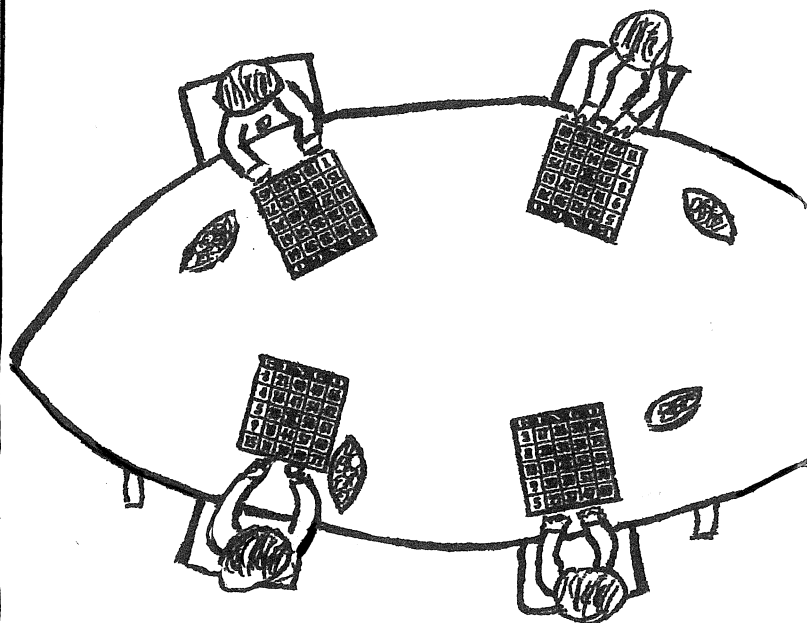
January	
1	
2	
3	cardiology
4	appt
5	
6	
7	
8	
9	
10	
11	
12	
13	
14	
15	dermatology
16	appt
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	
30	
31	

February	
1	
2	
3	
4	
5	blood work
6	
7	
8	
9	physical
10	
11	
12	
13	
14	
15	
16	
17	
18	
19	
20	
21	orthopaedic
22	appt
23	
24	
25	
26	MRI
27	
28	
29	
30	

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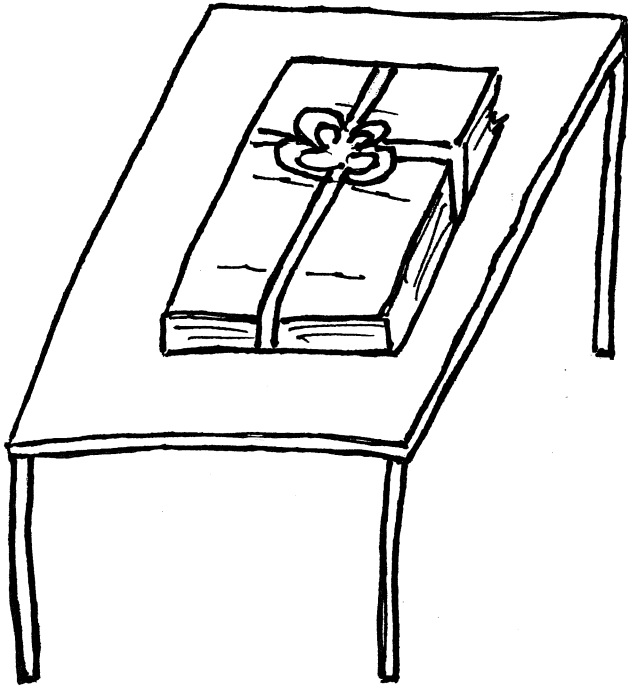
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erries/EC

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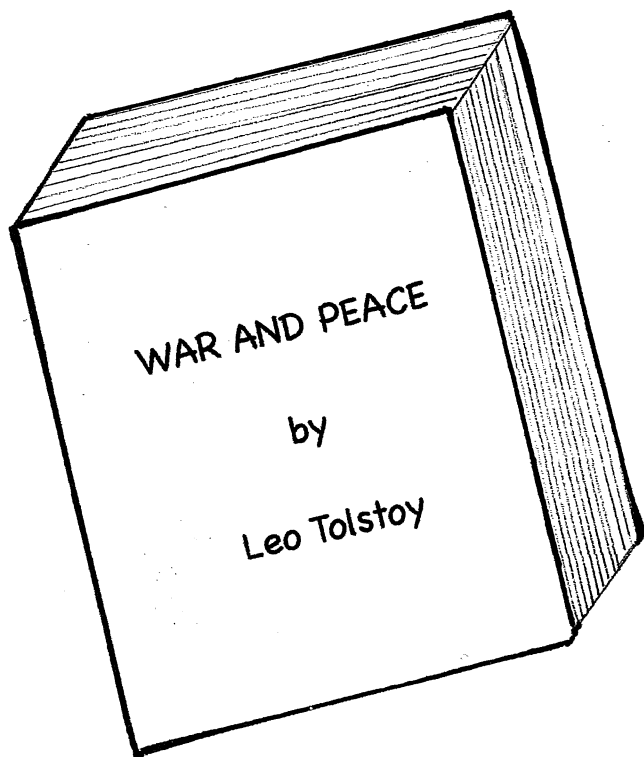
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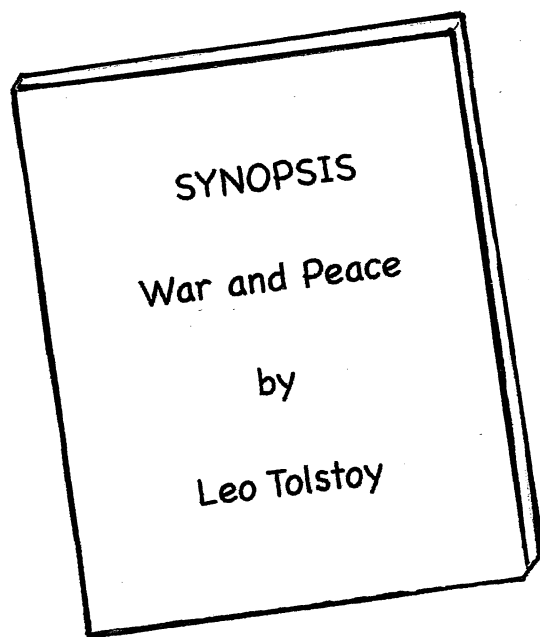
The reason you
don't have your present
yet is that I haven't
finished reading it!
Love as always.

FCC

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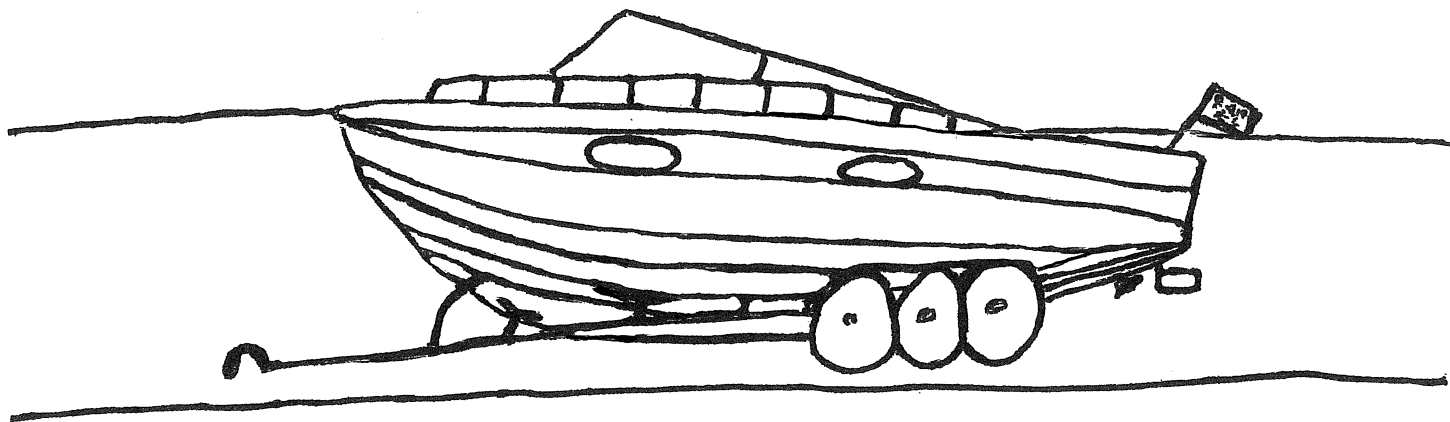


FCC

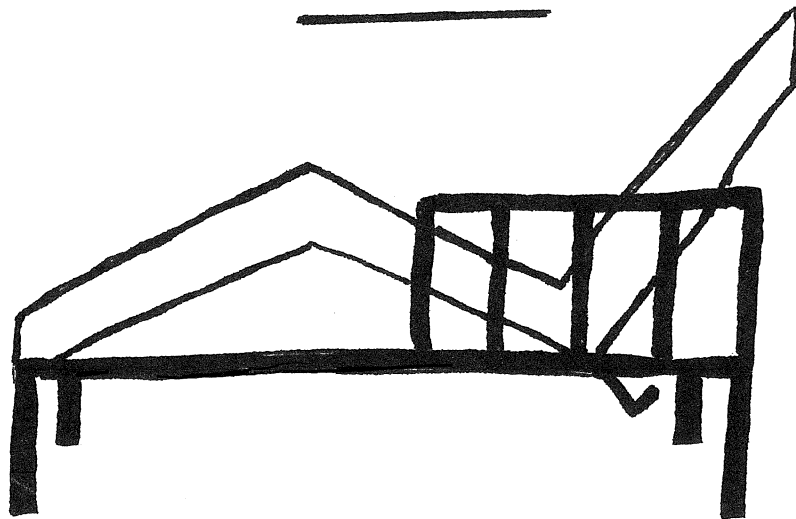
Or better yet!



60

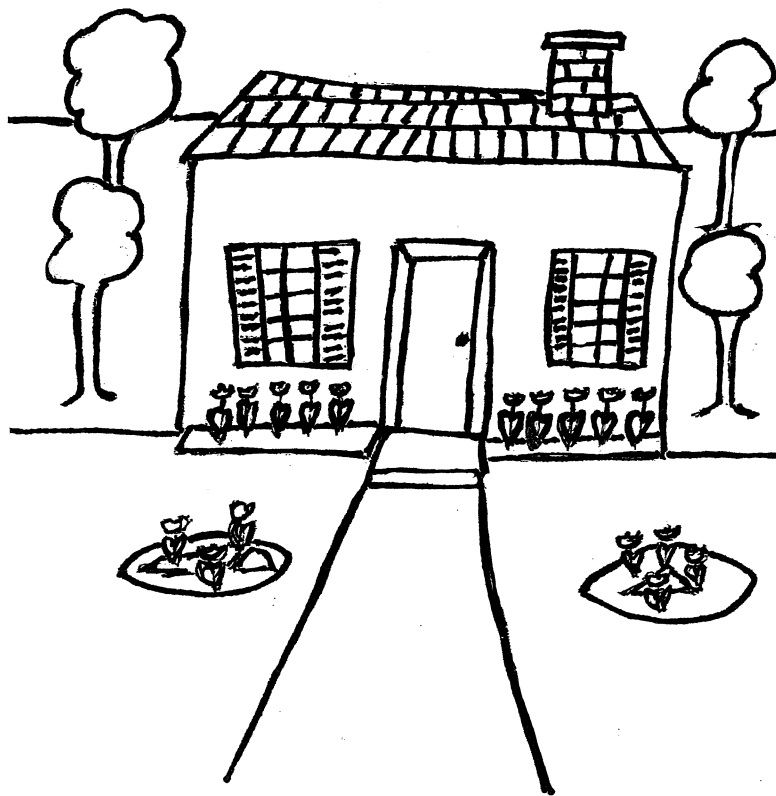


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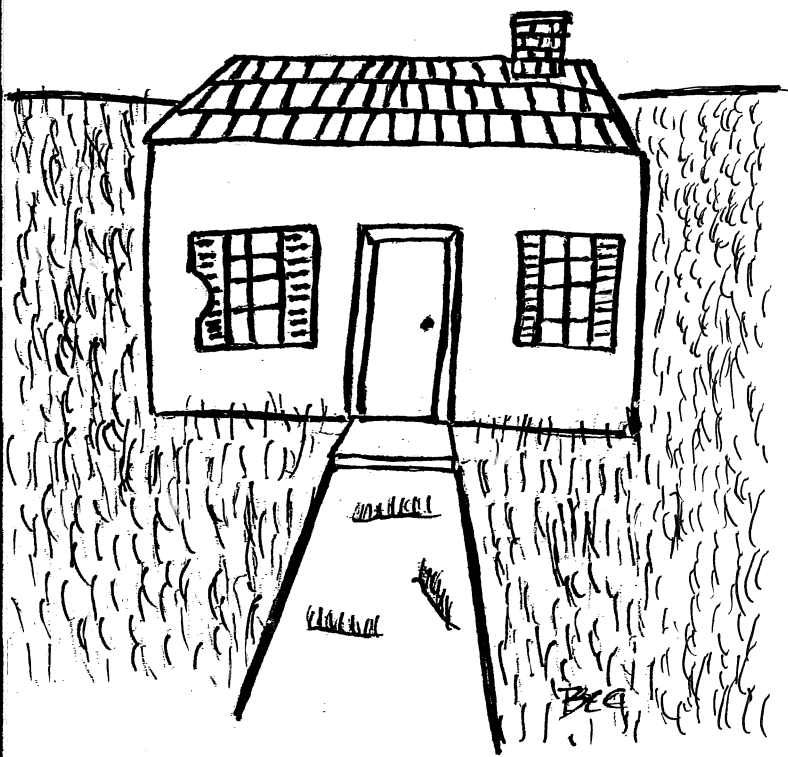


EXC

60

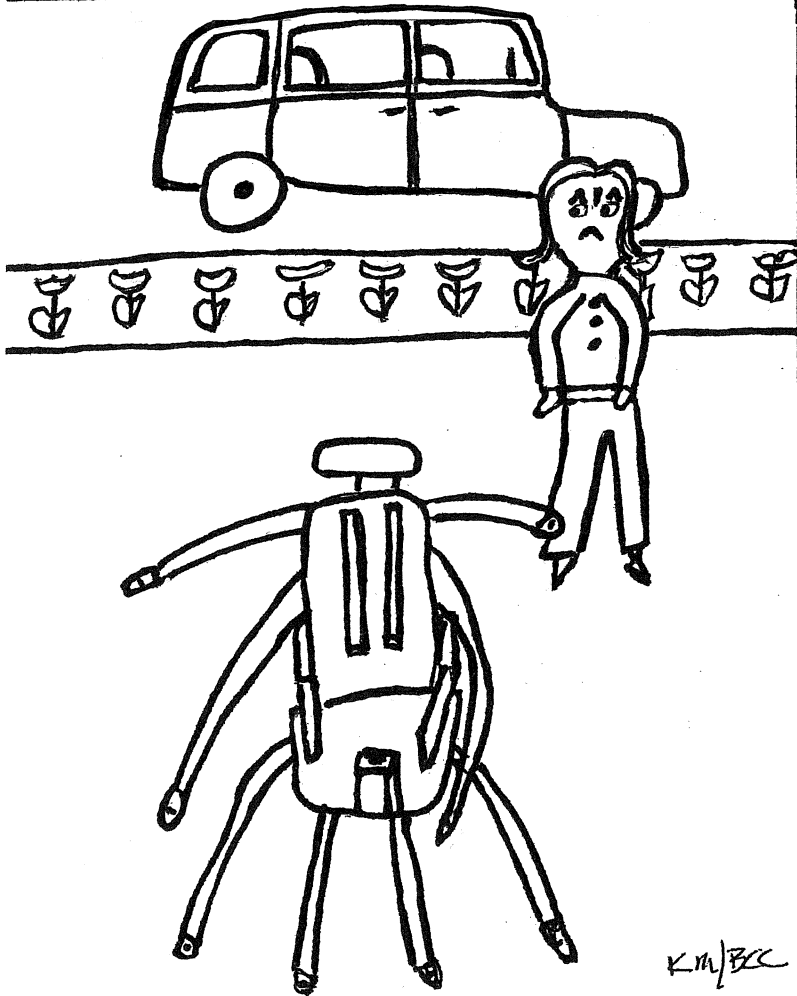


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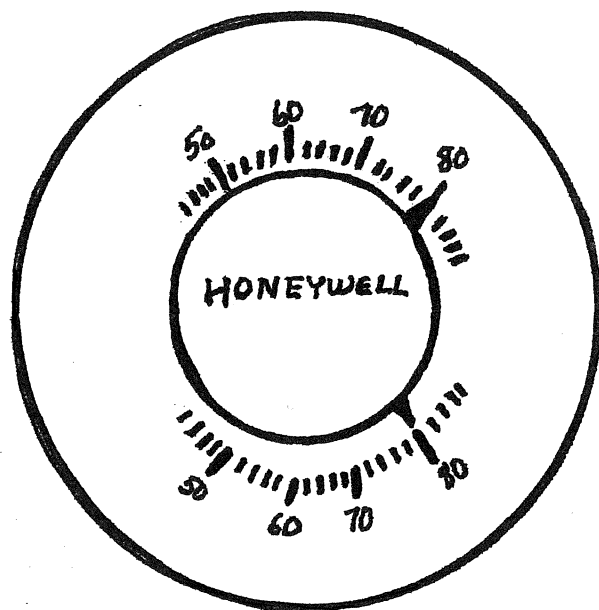
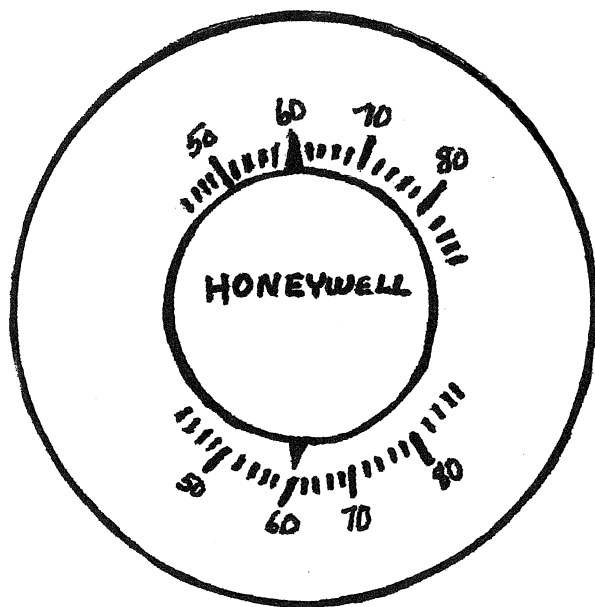
80



**"Sorry, Honey, I don't
have a carseat."**

60

80



BCC

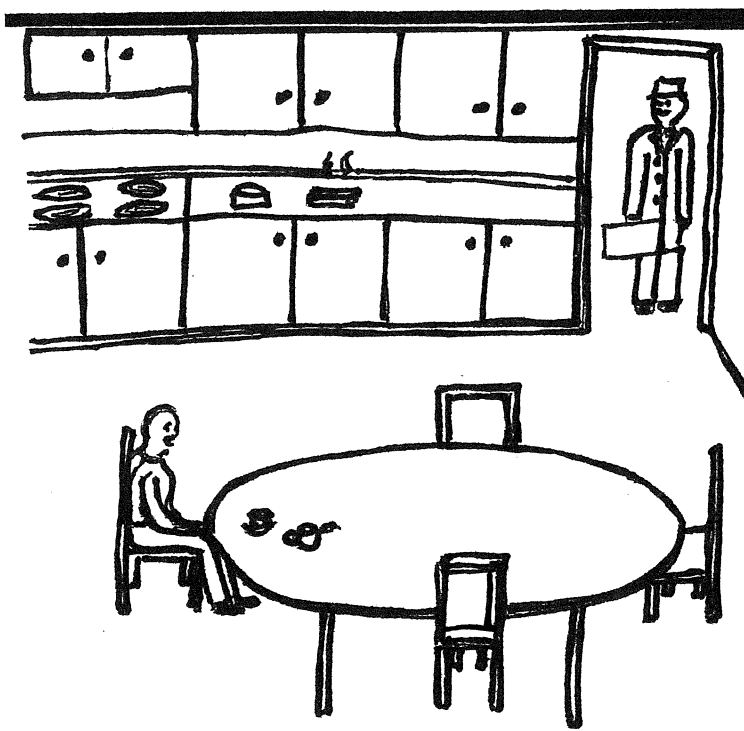
60

Thelma and Louise

80

The Best Exotic Marigold Hotel

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BCC

**"Tonight I made
Coquilles St. Jacques,
Green Beans Almondine
and Tiramisu."**

80



BCC

**"Guess what I made tonight!
Reservations!"**

60

Drug Store

**Aspirin
Cough Drops
Pens**

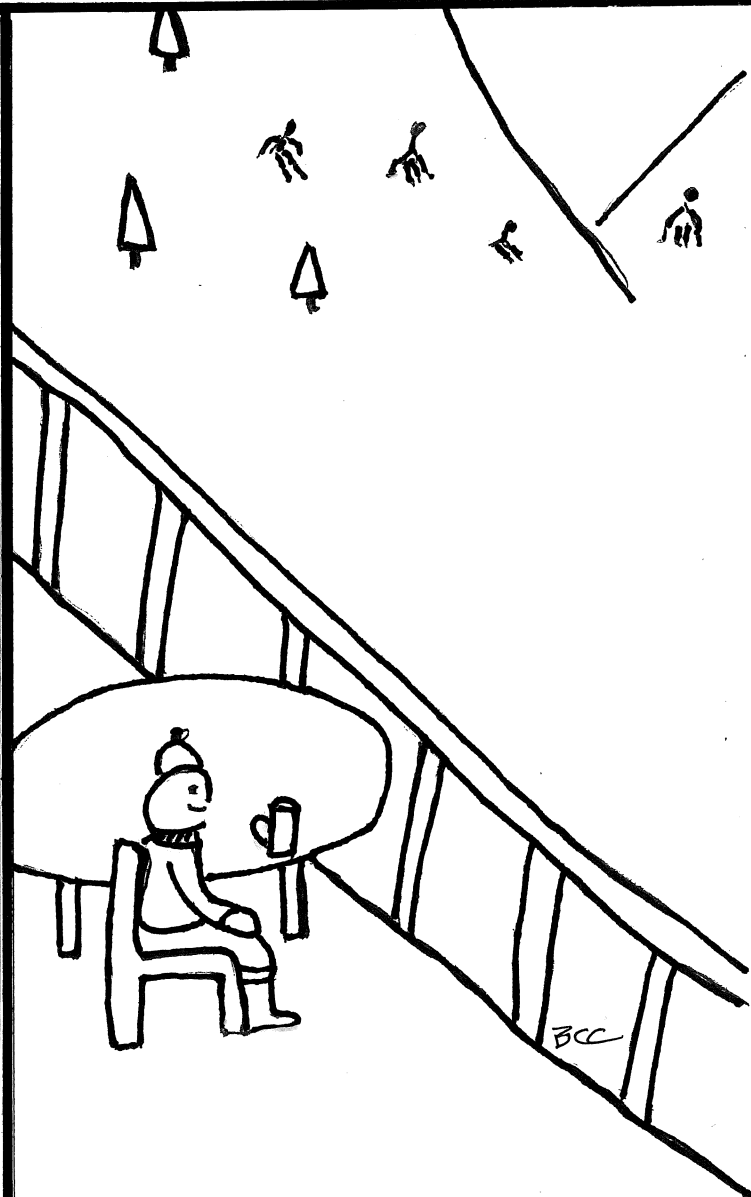
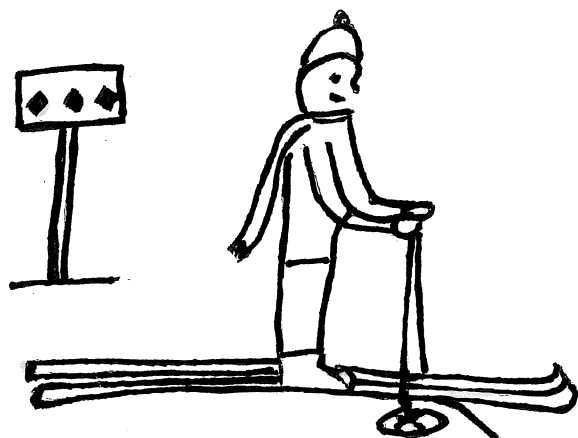
80

Drug Store

**Aspirin
Cough Drops
Pens
Lipitor
Plavix
Hearing Aid Batteries
Ambien
Nexium
Depends**

60

80



BCC

60

80

Classifieds
Help Wanted

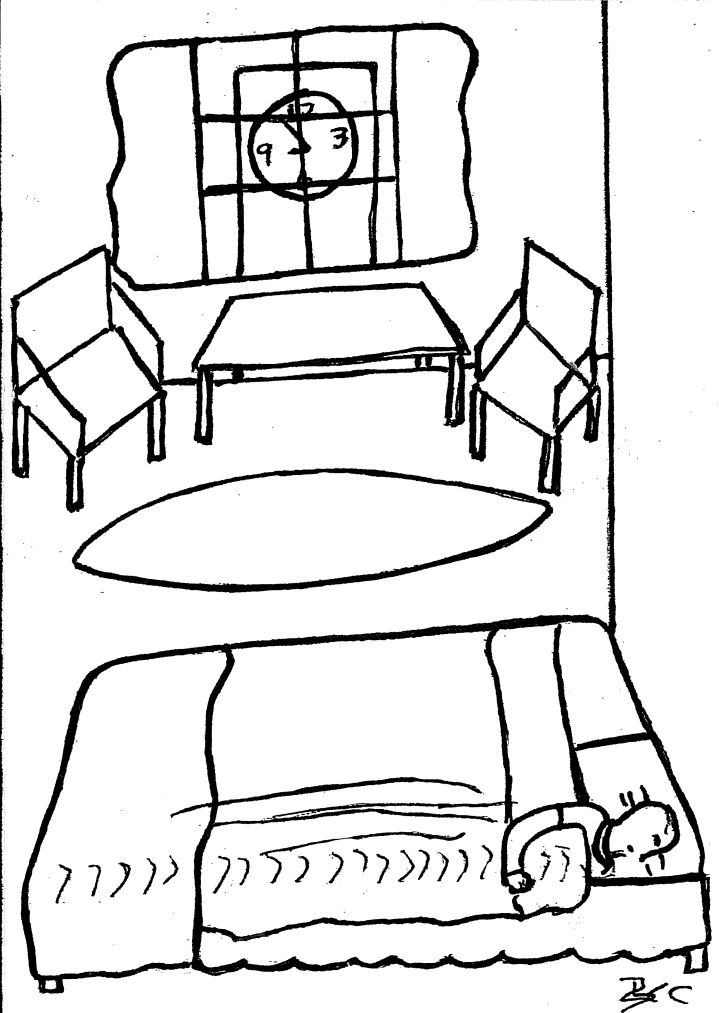
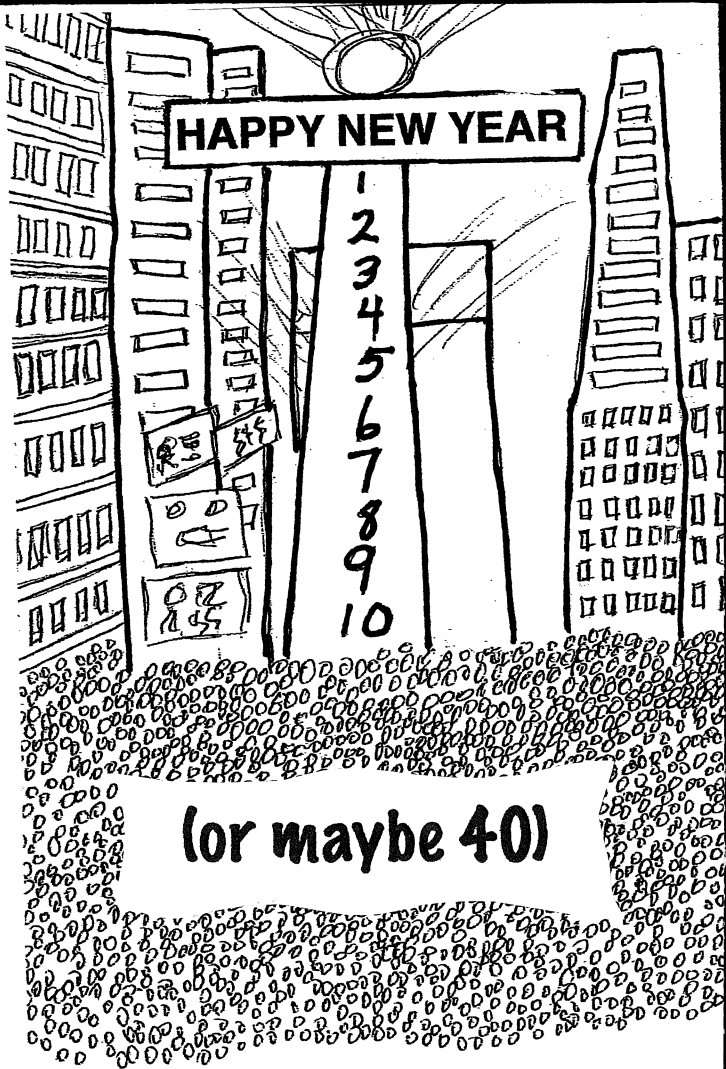
Lawn Mower Maintenance
My Home or Your Shop
812-578-3720

Classifieds
Help Wanted

Lawn Maintenance
for Personal Residence
812-578-3720

60

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60

To Do List

Rake Leaves ✓
Plant Petunias ✓
Sweep Deck ✓
Get Gas ✓
Clean Screens ✓

80

To Do List

Rake Leaves
Plant Petunias ✓
Sweep Deck ✓
Get Gas ✓
Clean Screens
Take Nap

BCC

60

To Do List

Rake Leaves ✓
Plant Petunias ✓
Sweep Deck ✓
Get Gas ✓
Clean Screens ✓

80

To Do List

Rake Leaves
Plant Petunias ✓
Sweep Deck ✓
Get Gas ✓
Clean Screens
Take Nap ✓

FCC

60

80

THE

REST

CAN

WAIT!

BCC

